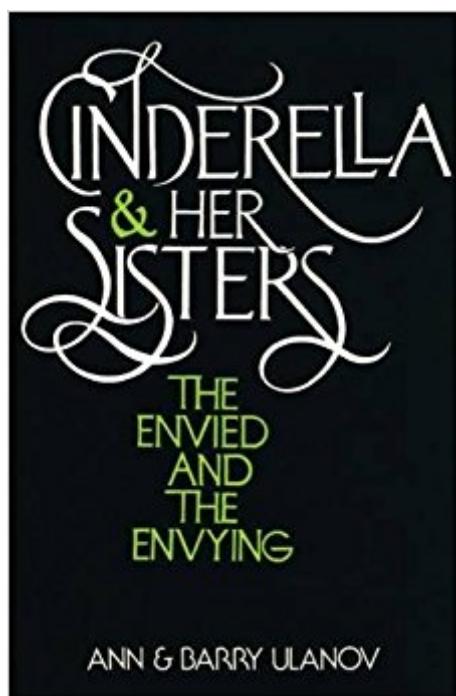


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# Cinderella And Her Sisters: The Envied And The Envyng



## Synopsis

Seated in her nest of ashes, Cinderella embodies human misery. The essence of inner and outer nobility, she is the envy of her cruel stepmother and her ugly sisters. Using this familiar story, Ann and Barry Ulanov explore the psychological and theological aspects of envy and goodness. In their interpretation of the tale, they move back and forth between internal and external issues--from how feminine and masculine parts of persons fit or do not fit together to how individuals conduct their lives with those of the same and opposite sexes: how they conflict, compete, or join harmoniously.

## Book Information

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## Customer Reviews

Ann Belford Ulanov is Christiane Brooks Johnson Memorial Professor of Psychiatry and Religion at Union Theological Seminary in New York City. A Jungian analyst in private practice, she is also the author or coauthor of numerous books, including *The Wizards' Gate*, *Cinderella and her Sisters*, *The Wisdom of the Psyche*, *Picturing God*, and *The Feminine in Jungian Psychology and Christian Theology*. Barry Ulanov served as McIntosh Professor of English and Chairman of the Program in the Arts at Barnard College in New York City. He coauthored *Religion and the Unconscious* and *Primary Speech: A Psychology of Prayer* with his wife, Ann Belford Ulanov.

This is a fascinating study on the psychological dynamics of those who envy and the object of their envy. I would recommend this book for anyone who is in an envy-laden relationship.

I bought this book because it came highly recommended by a colleague. I read a lot, am a word lover, and have a masters degree in Psychology and still I found some of this book difficult to understand. It's definitely not an easy read! There is some useful information in the beginning, particularly about the effects on a child when they are the focus of parental envy. The second half of the book is about the theology of envy, which I skipped because it is not of interest to me.

what an introduction to envy....how it horribly effects all... especially the envied one.... this book made crystal clear to me there is absolutely nothing can be done to satisfy or heal a relationship that is harmed by envy... just like in cinderella .....

Ulamov describes specific ways envy takes shape in our lives and offers insights to unravel the mess of knotted projections. Very helpful for me as I delve into the messiness of my life. Using the faerytale Cinderella, Ulanov identifies how envy can control relationships. My biggest ah-ha? When I withhold the good someone thinks I have, I create a crucible that heats up an already ugly situation.

a good book to read if you've been or are the envied one. Also helpful if you envy others. Helped put things in perspective.

Extremely informative and particularly useful to understand the objectification that happens in this dynamic. Well written and easy to understand.

Powerful, powerful exploration of envy. I read through it constantly seeing my parents, my friends and myself. It also covers how to heal envy. Could not recommend this book more highly.

Great Product !!!

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